Issue 4 — 30 May 2016

SHIRE OF WAROONA SEA TO SCARP

## Farming Community

## It's Okay Not to be Okay...

the power of humanity

AUSTRALIAN RED CROSS

Prioritise your wellbeing. You are going through a highly stressful experience. It is normal that you might be having strong emotional reactions such as sadness, anger, anxiety and frustration. You may also be finding it hard to concentrate, think clearly or make decisions, this is also normal after an emergency event. It takes time, but stress reactions will fade if you have the right information and look after your wellbeing. Get more information by visiting:

**http://redcross.org.au/self-care.aspx**

Or if you feel you need more individual support contact the Emergency Service resilience officer on;

**0417 457 583**

Waroona Community Resource Centre

*Your local connection*

Did you know that your CRC centre held a thank you for all the volunteers that helped in the fire? This is just one of many activities they have done to support the Waroona community. They continue to be your connection with the latest information and support services available to you and your family.

**Email:** wccsdo@westnet.com.au **Call: 9733 3011**

# This is your last chance

## Applications closing 31 May 2016

## Lord Mayors Distress Relief Funding

The Lord Mayor Distress Relief Fund (LMDRF) is a WA emergency fund that is managed by the City of Perth. The fund is used to raise and coordinate donations to support the victims of natural disasters occurring in Western Australia. More than $8 million has been raised.

Any affected persons within the fire zone are strongly encouraged to apply especially **owners of rural properties.** The funding categories do recognize losses such as **fencing** and water tanks.

Applications are available from the Shire of Waroona website or the Lord Mayor Distress Relief Fund website:

www.waroona.wa.gov.au

www.appealswa.org.au

To send a written application please post to the Shire of Waroona, PO Box 20, Waroona WA 6215

**or**

email to warshire@waroona.wa.gov.au no later than **31 May 2016.**

**If you require assistance in your application please call the Shire on 9733 7800.**

Government of Western Australia
Department for Child Protection
and Family Support

Emergency Services

**Department for Child Protection and Family Support (CPFS)**

# Waroona Yarloop Bushfires Recovery Information

CPFS' Recovery Project Officers, Lori, David and Patrick are now working from the Harvey Recovery Centre, 1 Becher Street Harvey, **which is open 10.00am to 2.00pm Monday to Friday, or by appointment.**

The CPFS Recovery Team can assist you with -

Information, practical assistance, accessing services;

Personal support and referrals to a counsellor ring –

**David on 0417 457 583** or

**Patrick on 0437 223 299**

Accommodation requirements if you live in the Yarloop Clean-Up Zones ring –
**Lori on 0455 073 354**.

You can

come into the **Harvey Recovery Centre and have a chat with Lori, David or Patrick**,

or you can catch up with Lori and Patrick at the **Cookernup Morning Teas on Wednesday mornings, 10.00am**.

or you can see Lori at the **Waroona Community Centre, 10 Henning Street on Wednesday afternoons, 1.00pm to 4.00pm**,

**You can ring Lori on 0455 073 354 for an appointment or just pop in.**

If you participated in the *Yarloop Community Consultation interviews* and you would like to talk with someone about how you are feeling, you can visit David or Patrick at the **Harvey Recovery Centre, 1 Becher Street, Harvey** or if that is not convenient you can ring them on -

**David on 0417 457 583 or**

**Patrick on 0437 223 299.**